

2026 HEART FAILURE PATIENT & CAREGIVER DAY

Healthy Habits Today. Stronger Hearts Tomorrow.

FEBRUARY 11, 2026

ET: 3:00 PM - 5:00 PM CT: 2:00 PM - 4:00 PM
MT: 1:00 PM - 3:00 PM PT: 12:00 PM-2:00 PM

When Life and Heart Failure Collide: Finding Balance and Quality of Life

Learn practical, quality-of-life strategies for people living with heart failure and their caregivers, addressing physical, emotional, and psychosocial needs with patient-centered communication, early supportive care, and strong caregiver partnership to boost well-being and reduce burden.

Voices of Strength: Patients and Caregivers Share their Journeys

Hear real stories from people living with heart failure and their caregivers, sharing resilience, hope, and practical lessons that help them navigate challenges, celebrate progress, and stay connected to quality of life and community.

Understanding Devices: Reducing Symptoms and Improving Life

During this session, heart failure patients and their caregivers will learn about the different devices available and how they can be used to reduce symptom burden and enhance day-to-day quality of life. Participants will hear from leading experts who will explain how the device works, who may benefit, and what to expect throughout the evaluation and decision-making process.

Connect and Engage:

- Network with fellow patients and caregivers
- Q&A session with a healthcare professional/expert
- Access valuable educational materials

Virtual Access:

- Join from anywhere with an internet connection
- Can't make it live? This will be available on demand for registered participants

Questions? Email information@aahfn.org



REGISTRATION IS FREE
[HTTPS://HEARTFAILUREPF.ORG/PCDAY2026](https://heartfailurepf.org/pcday2026)

