NASSAU COUNTY COMMUNITY BEHAVIORAL HEALTH RESOURCE LIST





HELPLINES, HOTLINES, CRISIS SERVICES, AND EMERGENCY

Call **211**: 211

Assists individuals in locating long-term mental health resources, talking through a problem, or exploring mental health treatment options. https://www.211.org/get-help/mental-health

Mental Health Association of Nassau County: (516) 489-2322

16 Main Street Hempstead, NY 11550 Crisis Respite Residential Service for Children

Nassau County Behavioral Health Helpline: (516) 227-8255 (TALK)

Provides short-term crisis intervention counseling and support for residents struggling with mental illness and/or substance use disorders.

NYS Mental Health Hotline – Project Hope: (844) 863-9314

Project Hope provides New Yorkers with free and confidential help as part of the FEMA response to COVID-19.

CN Guidance and Counseling Services:

(631) 521-8524

950 South Oyster Bay Road Hicksville, NY 11801 Crisis Respite Residential Service for Adults

Mobile Crisis Unit for Children and Adults:

(516) 227-8255 (TALK)

60 Charles Lindbergh Avenue Uniondale, NY 11553 24/7 behavioral health helpline with a team of licensed professional social workers and nurses specially trained to help individuals and their families with mental health problems.

National Suicide Prevention Lifeline: (800) 273-8255

24/7 hotline for anyone in suicidal crisis or emotional distress. https://omh.ny.gov/omhweb/bootstrap/crisis.html

Pediatric Behavioral Health Urgent Care Center: (718) 470-3148

269-01 76th Avenue Room 161, New Hyde Park, NY 11040

Provides timely access to pediatric mental health services for children and adolescents ages 5-17 presenting in a mental health crisis.

Zucker Hillside Hospital Adult Behavioral Health Crisis Center: (516) 470-8300

75-59 263rd Street 1st Floor Glen Oaks, NY 11004 Walk-in clinic that provides individuals with short-term psychiatric services and connects them to long-term care.



ADDICTION OUTPATIENT TREATMENT AND RECOVERY PROVIDERS

CN Guidance Service: (516) 822-6111 950 S Oyster Bay Rd, Hicksville, NY 11801

FCA Sherpa Program: (516) 592-7385 SHERPA is a team trained to meet with overdose survivors and families in the community as well as in emergency departments.

FCA Family Treatment and Recovery Center:

180 Broadway, Hicksville, NY 11801 (516) 935-6858 126 N. Franklin St., Hempstead, NY 11550 (516) 486-7200 Hispanic Counseling Center: (516) 538-2613 344 Fulton Ave, Hempstead, NY 11550

Nassau THRIVE Recovery Center: (516) 765-7600 1025 Old Country Road, Suite 400 Westbury, NY 11590 A safe and sober place that will support and reinforce your recovery.

> New Horizon Counseling Center, Inc.: (516) 569-6600 50 W Hawthorne Ave, Valley Stream, NY 11580

Zucker Hillside Hospital Garden City Treatment Center: (516) 742-4015

711 Stewart Avenue, Suite 140, Garden City, NY 11530

The Garden City Treatment Center offers innovative, evidence-based addiction services that provide a full continuum of care (from adolescents to geriatric patients).

Most major insurances are accepted.

CHECK OUT THESE ADDITIONAL RESOURCES:



Nassau County Resource Guides:

https://www.nassaucountyny.gov/1711/Mental-Health





Office of Mental Health Directory:

https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages&PortalPath=/shared/ Mental%20Health%20Program%20Directory/_portal/Mental%20 Health%20Program%20Directory&page=Basic%20Search&Action=Navigate

Office of Addiction Services and Supports Directory:

https://webapps.oasas.ny.gov/providerDirectory/index.cfm?searc h type=2