

SUFFOLK COUNTY COMMUNITY BEHAVIORAL HEALTH RESOURCE LIST

Updated 12/2021



HELPLINES, HOTLINES, AND EMERGENCY

Association for Mental Health and Wellness Helpline: (631) 471-7242 ext. 2

MHAW's Mental Health Helpline is available to all Suffolk County Residents who require help in finding and accessing assistance for themselves, a friend, or a family member.

<http://mhaw.org/programs/mental-health-help-line/>

National Suicide Prevention Lifeline: (800) 273-8255

24/7 hotline for anyone in suicidal crisis or emotional distress.

<https://omh.ny.gov/omhweb/bootstrap/crisis.html>

Response Crisis Center 24/7 Hotline: (631) 751-7500

Our professionally trained and supervised volunteers offer callers telephone support and provide referrals for support groups.

<https://www.responsecrisiscenter.org/>

Call 211: 211

Assists individuals in locating long-term mental health resources, talking through a problem, or exploring mental health treatment options.

<https://www.211.org/get-help/mental-health>

NYS Mental Health Hotline – Project Hope: (844) 863-9314

Project Hope provides New Yorkers with free and confidential help as part of the FEMA response to COVID-19.

Suffolk County 24/7 FSL DASH Hotline: (631) 952-3333

24-hour line for those facing mental health, substance abuse issues, or for those experiencing additional stress and challenges.

<https://www.fsl-li.org/dash-hotline-crisis-care-center-are-available-24-hours-a-day/>

SUNY at Stony Brook Comprehensive Psychiatric Emergency Program: (631) 444-6050

University Hospital Level 4, Stony Brook, NY 11794

ADDICTION OUTPATIENT TREATMENT AND RECOVERY PROVIDERS

CN Guidance's Project Connect: (631) 396-1111

Connect with individuals who are survivors of overdose and individuals with substance use history and their families while they are at Northwell hospital EDs

Family Service League:

1235 Montauk Hwy, Mastic, NY 11950
(631) 924-3741

1448 Fifth Ave, Bayshore, NY 11706
(631) 309-6831

400 W Main St, Riverhead, NY 11901
(631) 369-0104

90 Adams Ave, Hauppauge, NY 11788
(934) 223-6500

Mather Outpatient Chemical Dependency Program:

(631) 331-8200

100 Highlands Blvd, Port Jefferson, NY 11777

East End THRIVE Recovery Center:

108 Mill Rd. Westhampton Beach, NY 11978

A safe and sober place that will support and reinforce your recovery

FCA Sherpa Program: (516) 592-7385

SHERPA is a team trained to meet with overdose survivors and families in the community as well as in emergency departments

Mobile Recovery Unit: (516) 396-2778

Mobile clinic with onsite counseling, telemedicine for Medication Assisted Treatment, and peer supportive services

Suffolk THRIVE Recovery Center: (631) 822-3396

1324 Motor Parkway, Suite 102 Hauppauge, NY 11749

A safe and sober place that will support and reinforce your recovery.

CHECK OUT THESE ADDITIONAL RESOURCES:



Suffolk County Directory of Behavioral Health Services:

<https://www.suffolkcountyny.gov/Departments/Health-Services/Mental-Hygiene>



Office of Mental Health Directory:

https://my.omh.ny.gov/bi/pd/saw.dll?PortalPages&PortalPath=/shared/Mental%20Health%20Program%20Directory/_portal/Mental%20Health%20Program%20Directory&page=Basic%20Search&Action=Navigate



Office of Addiction Services and Supports Directory:

https://webapps.oasas.ny.gov/providerDirectory/index.cfm?search_type