



**Elevating Skin Injury Prevention: Team Applications**  
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During the 2017 Annual Convention

**Summary:** Pressure injury prevention programs rely on each person who cares for the patient from admission to discharge. Ownership of prevention supports collaboration and successful implementation plans.

**Nursing Implications:**

- Braden scoring may not reliably predict pressure injury risk; however, with a focus on low sub scores (high risk) - interventions may contribute to pressure injury prevention.
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- Moisture-related interventions to protect skin from incontinence reduce pressure injury risks.
- Partnership with CAUTI initiatives can help with effective urine management when the catheter is removed.
- Skin care champion program - enlisting unit-based nurses and interdisciplinary team members to be the energy around prevention efforts, product utilization, and collaborate at a hospital level to share ideas.

**Key Takeaways:**

- Pressure injury prevention begins with routine comprehensive skin assessment and routine pressure injury risk scoring with interventions.
- Pressure injury prevention bundles embedded within electronic medical record workflows may contribute to reduced pressure injuries.
- Interdisciplinary collaboration through rounding contributes to effective skin injury prevention (including Braden sub score risks, management of diarrhea, medication review, device use/removal).
- Medical device related pressure injuries are a major cause of pressure injuries – and can be reduced with routine assessment under devices, assuring appropriate fit and considering padding if needed.
- Medical adhesive related skin injury (MARSI) can contribute to skin tears – preparing skin, using the most appropriate tape for skin type and removal with adhesive remover and gentle principles will reduce risk.

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**References:**

2014 Prevention and Treatment of Pressure Ulcers: Clinical Practice Guideline:  
<http://www.npuap.org/resources/educational-and-clinical-resources/prevention-and-treatment-of-pressure-ulcers-clinical-practice-guideline/>

WOCN, Guideline for Prevention and Management of Pressure Ulcers (Injuries), 2016.

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