



Beers Criteria

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During the 2019 Annual Convention

Summary: In this session we reviewed the 2019 American Geriatric Society Beers Criteria as it relates to a vulnerable population. We reviewed the data to support the changes and considerations for practice.

Nursing Implications:

- Awareness of medications that can contribute to complications in geriatric patients.
- Behavior planning and staffing as it relates to high-risk geriatric patients.
- Safety for patients prescribed Beers Criteria medications.

Key Takeaways:

- Certain medications can make a geriatric patient at risk for complications in the hospital.
- Monitoring the effect of medications in geriatric patients improves safety and care.
- Awareness of research to support avoiding certain medications as a way to advocate for patients.

Link: <https://library.amsn.org/amsn/sessions/5343/view>

References:

American Geriatrics Society 2019 Updated AGS Beers Criteria® for Potentially Inappropriate Medication Use in Older Adults. *Journal of the American Geriatrics Society*. 2019 Apr;67(4):674-694

Clegg A, Young JB. *Which Medications to Avoid in People at Risk of Delirium: A Systematic Review*. *Age and Ageing*. 2011; 40(1): 23- 29.

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