



**Embracing Diversity! One Hospital's Journey Towards  
Creating Inclusive Care Environments for LGBTQ+ Patient Populations**

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During the 2019 Annual Convention

**Summary:** A history of stigma and discrimination has contributed to a number of health disparities experienced by lesbian, gay, bisexual, and transgender patients.

**Nursing Implications:**

- Awareness of healthcare disparities that exist within the LGBTQ+ population.
- Change policy and practice to include and meet the needs of our LGBTQ+ population.
- Educate all staff about the importance of culturally competent care.
- Foster an affirming and inclusive environment for all patients through embracing diversity.

**Key Takeaways:**

- Incorporate culturally competent care into daily practice.
- Understand the healthcare disparities that exist among the LGBTQ+ population.
- Support policy and practice changes that will facilitate an affirming and inclusive environment for all patients.

**Link:** <https://library.amsn.org/amsn/sessions/5308/view>

**References:**

WPATH: World Professional Association for Transgender Health. [www.wpath.org](http://www.wpath.org)

Ard KL, Makadon HJ. *Improving the Health Care of Lesbian, Gay, Bisexual and Transgender (LGBT) People: Understanding and Eliminating Health Disparities*. The Fenway National LGBT Health Education Center, The Fenway Institute; Brigham and Women's Hospital; and Harvard Medical School, Boston, MA.

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