Title: On Demand Webinar: Enteral Nutrition Indications: Oncology Focus

Program Instructions:

- 1. Watch the session video in full
- 2. Review the available handouts
- 3. Take the session exam under the **CE Information** tab
- 4. Access your CE Transcript from the CE Transcript tab after clicking My Account

CE credit available for dietitians, nurses, pharmacists, and physicians Total Credit Hours: 1.0 On-Demand Activity Start Date: September 6, 2023 On-Demand Activity Expiration Date (all CE credit must be claimed by the expiration date): September 6, 2024

FACULTY AND TOPICS

Enteral Nutrition Indications for Patients Undergoing Anti-Cancer Treatment Nathan Schober, MS, RD, CNSC, CET Manager of Clinical Nutrition, City of Hope, Atlanta, GA

Enteral Nutrition Indications for Patients Undergoing Gastrointestinal Cancer Surgery and Hematopoietic Stem Cell Transplant

Cristina Swartz, MS, RD, LDN, CNSC

Northwestern Medicine Warrenville Cancer Center, Chicago, IL

Moderator

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Advanced Practice II Dietitian, Center for Human Nutrition, Cleveland Clinic, Cleveland, OH

Format: Online as MP3/MP4 files and PDF Handouts

On Demand Webinar Activity Overall Goal:

This CE activity serves to promote the process of life-long learning for physicians, dietitians, pharmacists, and nurses who specialize in the sciences of clinical nutrition and metabolism.

Goal and Target Audience:

This educational activity is directed toward clinical nutrition and metabolism professionals and others who wish to update their knowledge of clinical nutrition and metabolism. By participating in this educational activity, the reader may expect to:

- Acquire knowledge in the area of clinical nutrition and metabolism research.
- Update or confirm your understanding of appropriate clinical nutrition and metabolism practices.
- Identify further learning needs as they relate to the subject matter.

Webinar Description:

Enteral nutrition (EN) therapy is frequently utilized in hospitalized patients when oral intake is contraindicated or inadequate. This webinar will highlight EN practice recommendations for the use of EN in the oncology population. Attendees will gain knowledge and application for initiating EN in patients during their anti-cancer treatment process including those undergoing gastrointestinal cancer surgery and hematopoietic stem cell transplant.

Variability exists in practice as does controversy related to enteral nutrition (EN) initiation and use in oncology patients. When should EN be utilized in patients undergoing anti-cancer treatments; should patients with cachexia be considered for EN and what is the EN indication for those undergoing gastrointestinal cancer surgery and hematopoietic stem cell transplant are questions often asked by clinicians in the use of EN in oncology patients. These practice variations, controversies and questions will be addressed in the webinar.

Learning Objectives:

- 1. Describe when enteral nutrition is indicated in patients undergoing anti-cancer treatment.
- 2. Outline enteral nutrition use recommendations in patients requiring gastrointestinal cancer surgery.
- 3. Detail in whom and when to initiate enteral nutrition in patients undergoing hematopoietic stem cell transplant.

Speaker Credentials and Affiliations:

Nathan Schober, MS, RD, CNSC, CET

Manager of Clinical Nutrition, City of Hope, Atlanta, GA

Cristina Swartz, MS, RD, LDN, CNSC

Northwestern Medicine Warrenville Cancer Center, Chicago, IL

Requirements for Successful Completion:

To obtain CE credit for this activity, attendees must listen to the education recording, complete an online knowledge assessment for the education recording achieving a score of 100%, and complete an online activity evaluation. All CE credit must be claimed prior to the expiration date, no exceptions.

ASPEN submits data as required to the CPE Monitor for pharmacists. ASPEN submits physician earned CME credit into Pars. ASPEN does not submit data to any other credentialing organization. Pharmacists and physicians: ASPEN will upload earned CE credit into the appropriate system within the required timeframe. Any credit not claimed by the deadline will not be entered. Please provide your correct information when completing your evaluation and claiming CE credit. ASPEN submits only the information that is entered by the pharmacist or physician when credit is claimed and is not responsible for following up to obtain any corrected information to ensure an error-free submission.

Accreditation Statement



In support of improving patient care, The American Society for Parenteral and Enteral Nutrition (ASPEN) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ASPEN designates this enduring activity for a maximum of 1.0 *AMA PRA Category 1 Credits* [™] per activity. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Commission on Dietetic Registration	Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).
right. Academy of Nutrition and Dietetics	RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.



This activity was planned by and for the healthcare team, and learners will receive (1.0) Interprofessional Continuing Education (IPCE) credit for learning and change.

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Computer Requirements and Technical Support:

Participants will need a computer with internet connection, and it is recommended that end users' devices satisfy the following requirements:

- OS: Windows, Mac
- Browser: Firefox 52+, Chrome 58+, Safari 10+, Microsoft Edge 14+
- Javascript & Cookies enabled
- Recommended RAM: 512MB+

Mobile Support

- Iphone 5s+ Safari Browser IOS 9+
- Ipad 2+ Safari Browser IOS 9+
- Android Running 4.0+ Chrome Browser

For technical difficulties, please contact Broadcastmed Customer Support:

by phone: **1.860.953.2900** *Phone support is available 8am-8pm EST Monday through Friday.* by email: <u>support@broadcastmed.io</u>

Refund Policy. Refunds are not available.

Commercial Support and Sponsorship: No commercial support was received for this on demand educational activity.

Disclosures and Relevant Financial Relationships for Faculty and Planning Committee Members The following individuals have no relevant financial relationships with ineligible companies: Arlene Escuro, Nathan Schober, Cristina Swartz.

ASPEN staff have no relevant financial relationships with ineligible companies.

All relevant financial relationships have been mitigated.

Note: an ineligible company is one whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. For specific examples of ineligible companies visit accme.org/standards.

Financial relationships are relevant if the following three conditions are met for the prospective person who will control content of the education:

- A financial relationship, in any amount, exists between the person in control of content and an ineligible company.
- The financial relationship existed during the past 24 months.
- The content of the education is related to the products of an ineligible company with whom the person has a financial relationship.