Title: On Demand Webinar: Enteral Nutrition Indications: Critical Care Focus

Program Instructions:

- 1. Watch the session video in full
- 2. Review the available handouts
- 3. Take the session exam under the **CE Information** tab
- 4. Access your CE Transcript from the CE Transcript tab after clicking My Account

CE credit available for dietitians, nurses, pharmacists, and physicians

Total Credit Hours: 1.0

On-Demand Activity Start Date: October 10, 2023

On-Demand Activity Expiration Date (all CE credit must be claimed by the expiration date): October 10,

2024

FACULTY AND TOPICS

Use of Enteral Nutrition in Patients Receiving Vasopressor Agents

Patricia Brown, RD-AP, CNSC, LDN

Nutrition Support Specialist, Data Analyst, the HERALD program, Baltimore, MD

Enteral Nutrition in Special Critical Care Populations: Extracorporeal Membrane Oxygenation Support, Paralytic Therapy And Non-Invasive Ventilation

Krystie Nelson, RD, AP, CNSC

Clinical Dietitian ICU, Billings Clinic/Sodexo, Billings, MT

Moderator

Jan Powers, PhD, RN, CCRN, CCNS, NE-BC, FCCM

Parkview Regional Health System, Westfield, IN

Format: Online as MP3/MP4 files and PDF Handouts

On Demand Webinar Activity Overall Goal:

This CE activity serves to promote the process of life-long learning for physicians, dietitians, pharmacists, and nurses who specialize in the sciences of clinical nutrition and metabolism.

Goal and Target Audience:

This educational activity is directed toward clinical nutrition and metabolism professionals and others who wish to update their knowledge of clinical nutrition and metabolism. By participating in this educational activity, the reader may expect to:

- Acquire knowledge in the area of clinical nutrition and metabolism research.
- Update or confirm your understanding of appropriate clinical nutrition and metabolism practices.
- Identify further learning needs as they relate to the subject matter.

Webinar Description:

Enteral nutrition (EN) therapy is frequently utilized in hospital patients when oral intake is contraindicated or inadequate. This webinar will highlight EN practice recommendations for the use of EN in critically ill patients. Attendees will gain knowledge in when and how to initiate EN in patients receiving vasopressors as well as in patients undergoing specific critical care treatment modalities.

Variability exists with clinician practice related to enteral nutrition (EN) initiation and use in critically ill patients. When is a patient hemodynamically stable to begin EN, how quickly should it be advanced, what type of enteral formula is most likely to be tolerated are a few questions often asked by clinicians in the use of EN in critically ill patients. In addition, initiating EN in patients being managed with non-invasive ventilation is a common question. These practice variations and questions will be addressed in the webinar.

Learning Objectives:

- 1. Describe clinical conditions in which enteral nutrition can be initiated in critically ill patients.
- 2. Outline enteral nutrition practices including type of formula, feeding location and monitoring in critically ill patients.
- 3. Detail approaches in enteral nutrition usage in specific clinical conditions including extracorporeal membrane oxygenation support, paralytic therapy, and non-invasive ventilation.

Speaker Credentials and Affiliations:

Patricia Brown, RD-AP, CNSC, LDN

Nutrition Support Specialist, Data Analyst, the HERALD program, Baltimore, MD

Krystie Nelson, RD, AP, CNSC

Clinical Dietitian ICU, Billings Clinic/Sodexo, Billings, MT

Requirements for Successful Completion:

To obtain CE credit for this activity, attendees must listen to the education recording, complete an online knowledge assessment for the education recording achieving a score of 100%, and complete an online activity evaluation. All CE credit must be claimed prior to the expiration date, no exceptions.

ASPEN submits data as required to the CPE Monitor for pharmacists. ASPEN submits physician earned CME credit into Pars. ASPEN does not submit data to any other credentialing organization. Pharmacists and physicians: ASPEN will upload earned CE credit into the appropriate system within the required timeframe. Any credit not claimed by the deadline will not be entered. Please provide your correct information when completing your evaluation and claiming CE credit. ASPEN submits only the information that is entered by the pharmacist or physician when credit is claimed and is not responsible for following up to obtain any corrected information to ensure an error-free submission.

Accreditation Statement



In support of improving patient care, The American Society for Parenteral and Enteral Nutrition (ASPEN) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ASPEN designates this enduring activity for a maximum of 1.0 *AMA PRA Category 1 Credits* ™ per activity. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists: ASPEN designates this activity for a maximum of 1.0 contact hours/0.1 CEUs. ACPE UAN: JA0002345-0000-23-169-H99-P. Knowledge Activity.

Nurses: ASPEN designates this activity for a maximum of 1.0 nursing contact hours. ASPEN is approved as a provider of continuing nursing education by the California Board of Nursing, provider number CEP3970.

Dietitians: ASPEN designates this activity for a maximum of 1.0 CPEUs.

Commission on Dietetic Registration

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Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU).

If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU).

RD's and DTRs are to select activity type 102 in their Activity Log. Sphere and Competency selection is at the learner's discretion.



This activity was planned by and for the healthcare team, and learners will receive (1.0) Interprofessional Continuing Education (IPCE) credit for learning and change.

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Computer Requirements and Technical Support:

Participants will need a computer with internet connection, and it is recommended that end users' devices satisfy the following requirements:

OS: Windows, Mac

Browser: Firefox 52+, Chrome 58+, Safari 10+, Microsoft Edge 14+

Javascript & Cookies enabledRecommended RAM: 512MB+

Mobile support

Iphone 5s+ - Safari Browser - IOS 9+

• Ipad 2+ - Safari Browser - IOS 9+

Android Running 4.0+ - Chrome Browser

For technical difficulties, please contact Broadcastmed Customer Support:

by phone: 1.860.953.2900

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by email: support@broadcastmed.io

Refund Policy. Refunds are not available.

Commercial Support and Sponsorship: No commercial support was received for this on demand educational activity.

Disclosures and Relevant Financial Relationships for Faculty and Planning Committee Members The following individuals have no relevant financial relationships with ineligible companies: Patricia Brown, Krystie Nelson.

ASPEN staff have no relevant financial relationships with ineligible companies.

All relevant financial relationships have been mitigated.

Jan Powers, Abbott Nutrition, speaker's bureau; Avanos Medical, advisory board; Medtrition, advisory board; Stryker Corporation, speaker's bureau.

Note: an ineligible company is one whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. For specific examples of ineligible companies visit accme.org/standards.

Financial relationships are relevant if the following three conditions are met for the prospective person who will control content of the education:

- A financial relationship, in any amount, exists between the person in control of content and an ineligible company.
- The financial relationship existed during the past 24 months.
- The content of the education is related to the products of an ineligible company with whom the person has a financial relationship.