

# EVENT GUIDE

## MHS22

Medical & Health Symposium

APRIL 7-9

Virtual, Online Symposium



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# Welcome!

## 2022 Medical & Health Symposium Sponsored by the Ohio Bureau of Workers' Compensation



Thank you for joining us for our 2022 Medical & Health Symposium. Whether this is your first symposium, or you've attended in the past, we're glad you can be a part of this wonderful event.

This year's symposium is once again virtual. You can join in free, world-class learning opportunities led by state, national, and international experts in their field from the comfort of your home or office.

Throughout the three-day symposium, you will hear from physicians, industry experts, and motivational speakers on some of the most pressing health and medical issues of our time, including COVID-19, pharmacogenetics and opioid use disorder, alternatives to pain management, optimizing return-to-work, and how to break the web of needless disability.

Friday morning, we are offering a unique educational opportunity by **livestreaming an orthopedic knee surgery** followed by a presentation on shoulder injuries. Afterwards, Amberley Snyder from the **Netflix** original movie, **"Walk. Ride. Rodeo."** will tell her personal story of recovery following her rollover motor vehicle accident.

Wrapping up the symposium will be a session that's vital to us all – managing stress. Motivational humorist Kay Frances will lead a session titled "Managing the Stress of Change."

During your breaks, please take time to visit our exhibitors featuring products and services for the medical and health industry.

Remember to complete each session evaluation and the overall symposium event evaluation to ensure you receive your certificate of attendance. Your feedback is very important to us.

I'm confident our symposium will **inspire, inform, and even entertain you!**

We hope you find this year's symposium to be an excellent experience that makes a difference in the lives of Ohioans and all those around the world – at work and at home.

Sincerely,



**Stephanie McCloud**  
Administrator/CEO



# Medical & Health Symposium Schedule

## Thursday, April 7, 2022

Time	Session Title
8 – 10 a.m.	Maneuvering Recovery and Return-to-Work Roadblocks
10 – 10:45 a.m. Break (45 minutes)	
10:45 a.m. – 12:15 p.m.	Navigating Treatment Approvals and Reimbursement
12:15 – 1 p.m. Lunch (45 minutes)	
1 – 2 p.m.	Environmental Considerations Impacting Injury Recovery and Return to Work
2 – 2:30 p.m. Break (30 minutes)	
2:30 – 4 p.m.	Empowering Ability in Disability - Breaking the Web of Needless Disability

## Friday, April 8, 2022

Time	Session Title
8 – 10 a.m.	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries
10 – 10:30 a.m. Break (30 minutes)	
10:30 – 11:30 a.m.	There's No Future in Giving Up – A Personal Story of Recovery
11:30 a.m. – 12:15 p.m. Lunch (45 minutes)	
12:15 – 1:15 p.m.	Ocular Manifestations of Systemic Diseases & the Aging Eye
1:15 – 1:45 p.m. Break (30 minutes)	
1:45 – 2:45 p.m.	Optimizing Return to Work Using Evidence-Based Clinical Decision Support
2:45 – 3 p.m. Break (15 minutes)	
3 – 4 p.m.	Where Are We Now? The Current State of COVID-19

## Saturday, April 9, 2022

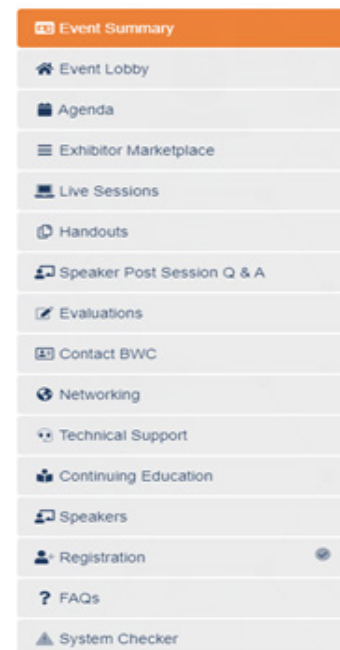
Time	Session Title
7:30 – 9 a.m.	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?
9 – 9:25 a.m. Break (25 minutes)	
9:25 – 10:25 a.m.	Alternatives to Pain Management
10:25 – 10:45 a.m. Break (20 minutes)	
10:45 a.m. – 12:15 p.m.	Exploring COVID-19 Long-Term Effects and Case Management
12:15 – 12:45 p.m. Lunch (30 minutes)	
12:45 – 1:45 p.m.	What Does that Mean? Legal Terms in a Medical World
1:45 – 2 p.m. Break (15 minutes)	
2 – 3 p.m.	Managing the Stress of Change

# General information

## What's available from the navigation menu?

From **any symposium event page** once logged in, you may:

- Visit **Event Lobby**.
- Review symposium **Agenda**.
- Visit **Exhibitor Marketplace**.
- Join **Live Sessions**.
- Access session **Handouts**.
- Join **Speaker Post Session Q & A**.
- Complete session and general event **Evaluations**.
- **Contact BWC** – live interaction via Zoom.
- Network with other attendees via **Networking**.
- Request **Technical Support**.
- View **Continuing Education** information.
- View **Speakers** biography.
- Access **FAQ's**.
- Run a **System Checker** to ensure your computer is compatible and ready for the symposium.



## How to join a session

- Once logged in, select **Live Sessions** then **Attend Session** for the session you are attending.
- The first session of the day and after lunch open 30-minutes prior to session start time. All other sessions open fifteen (15) minutes prior to the session start time.

## How to locate session materials

- Session materials are available from any event page by clicking **Handouts** within the left panel.
- After clicking Handouts, scroll to the session then click **Download Handout**.
- Session materials are also available during a **Live Session** by clicking **Resources** at the bottom of the page on the left side of the screen.

## How to ask a speaker question during a live session

- During a session, select the **Questions** icon along the left side of the screen.
- **Click Here to Submit a Question** will open the text box to ask your question.
- Type your question and click **Submit Question**. To cancel your question, click **No Thanks**.

## How to take notes during a session

- You can take notes during any session by clicking the **notes** icon located on the right side of the screen.
- Your session notes will be emailed automatically at the conclusion of the session.

## How to join the speaker post-session Q & A

- You may want to download Zoom prior to entering the speaker room for ease of entering.
- You can download Zoom by accessing their website. <https://zoom.us/download>.
- From the navigation menu, select the **Speaker Post Session Q & A** then click **Join Meeting Now**.

## How to contact a BWC representative

- Send an **email** to [medsymposium@bwc.state.oh.us](mailto:medsymposium@bwc.state.oh.us).
- Visit the **Contact BWC** booth and click **Join Meeting Now**.

## How to get technical system support

- Call 1-716-338-0332
- From the navigation menu, select the **Technical Support** icon then select support or join conversation.
- The live support icon is available from all pages within the event platform and during live sessions.

# Continuing education information and requirements

To receive continuing education credit and a certificate of attendance (transcript), you **must** follow the steps in this section **and** any continuing education specifics based on your professional credentials.

## Conflict of interest

Some session presenters may have a declared or perceived conflict of interest due to their commercial involvement with the subject matter they present. The presenters have taken measures to ensure their presentations are free of commercial influence and bias or partiality toward a specific product or service from which the presenter or his/her employer could financially benefit.

## General reminders

- Session materials are available from the navigation menu by clicking **Handouts**.
- Session materials are also available during **Live Sessions** by clicking **Resources**. You can locate **Resources** at the bottom of the page on the left side of the screen.

## How to receive continuing education

You **must** follow these steps.

1. Arrive at each session on time. Sessions open at least fifteen (15) minutes prior to session start time.
2. Attend the **entire session**, including question & answer.
3. Complete a **Session Survey** for each session attended.
4. Complete an **Overall Evaluation and Transcript** survey.

## Session survey

- From the Event Lobby, click the **Surveys** sign or from the navigation menu click **Evaluation**.
- **Take Evaluation** for each session you attended.
- Complete a **Session Survey** for each session and click **Submit** when finished.
- Must be completed by **May 10, 2022**.

## Overall evaluation and transcript

- From the Event Lobby, click the **Survey** sign or from the navigation menu click **Evaluation**.
- Under "Overall Evaluation and Transcript" at the top of the page, click **Take Evaluation**.
- Click **Submit** when finished.
- Complete one **Overall Evaluation and Transcript** survey. The evaluation is **mandatory** to receive a certificate of attendance (transcript).
- Must be completed by **May 10, 2022**.

## Certificate of attendance (transcript)

- **Complete** the session survey **and** overall evaluation and transcript survey.
- Once the **Overall Evaluation and Transcript** survey is complete, a **Print Transcript** button will appear.
- A certificate of attendance (transcript) is immediately available to view, download, and print by clicking the **Print Transcript** button.
- Only sessions in which a session survey was completed will appear on the certificate of attendance (transcript).

# Continuing education summary

## Medical & Health Symposium April 7 – 9, 2022

Profession and acronym	Credit (Up to)	CE Specifics
Athletic trainer (AT)	18.0 hours	Page 8
Attorney, judge, and legal professional (CLE)	18.0 hours	Page 9
Certified case manager (CCM)	18.0 hours	Page 10
Certified disability management specialist (CDMS)	18.0 hours	Page 11
Certified medical Assistant (CMA - AAMA)	18.0 hours	Page 12
Certified professional coder (CPC)	18.0 hours	Page 13
Certified rehabilitation counselor (CRC)	18.0 clock hours	Page 14
Chemical dependency counselor (CDC)	10.0 hours	Page 15
Chiropractor (DC)	18.0 hours	Page 16
Dentist (DDS and DMD) and Dental Hygienist (RDH)	18.0 clock hours	Page 17
Licensed professional counselor (LPC, LPCC)	16.0 hours	Page 18
Licensed social worker (LSW, LISW)	16.0 hours	Page 18
Nurse (APRN, LPN, RN)	18.0 contact hours	Page 19
Occupational therapist (OT) and OT assistant (OTA)	18.0 hours	Page 20
Paramedic, AEMT, EMR, and EMT	18.0 hours	Page 21
Pharmacists (ACPE)	1.80 credits	Page 22
Physical therapist (PT) and PT assistant (PTA)	18.0 hours	Page 23
Physician - DO, DPM, M.D., and PA (CME)	18.0 Category 1™	Page 24
Psychologist (OPA - MCE)	18.0 hours	Page 25

# Continuing education specifics based on professional credentials

## Athletic trainer (AT)

The Athletic Trainers Section of the Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board approved the following continuing education course. The course name is 2022 Ohio Bureau of Workers' Compensation Medical & Health Symposium. The approval number is 200123. The course has been granted 18 hours with an expiration date of 3/10/2024. \*An "ETH" at the end of an approval number indicates that the course meets the ethics requirement for Ohio athletic training continuing education.

### Thursday, April 7, 2022

Session Number	Session Title	AT Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

### Friday, April 8, 2022

Session Number	Session Title	AT Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

### Saturday, April 9, 2022

Session Number	Session Title	AT Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00



# Attorney, judge, and legal professionals (Continuing Legal Education)

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This course has been approved by the Supreme Court of Ohio Commission on Continuing Legal Education for up to 18 General hours. BWC will report legal credits to the Ohio Supreme Court by May 13, 2022. The activity code for this CLE will be available upon request at the conclusion of your attendance at CLE-approved sessions.

## *Thursday, April 7, 2022*

Session Number	Session Title	CLE Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## *Friday, April 8, 2022*

Session Number	Session Title	CLE Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## *Saturday, April 9, 2022*

Session Number	Session Title	CLE Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Certified case manager (CCM)

This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for up to 18 CE contact hour(s). Activity Code: C00050035; Approval #220000881. To claim these CEs, log into your CE Center account at [www.ccmcertification.org](http://www.ccmcertification.org)

## Thursday, April 7, 2022

Session Number	Session Title	CCM Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	CCM Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

Session Number	Session Title	CCM Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Certified disability management specialist (CDMS)

Certification of Disability Management Specialists Commission: This program has been pre-approved by the Certified Disability Management Specialists Commission for up to 18 clock hours. Approval Number: 220000036. Log onto your profile on the CDMS website at [www.cdms.org](http://www.cdms.org).

## Thursday, April 7, 2022

Session Number	Session Title	CDMS Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	CDMS Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

Session Number	Session Title	CDMS Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Certified medical assistant (CMA-AAMA)

This program has been pre-approved by The American Association of Medical Assistants for a total of 18 CEU's for all the 2022 Ohio BWC Medical and Health Symposium sessions.

## Thursday, April 7, 2022

Session Number	Session Title	CMA Type	Approval Number
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.0 AG	139765
4702	Navigating Treatment Approvals and Reimbursement	1.5 A	139766
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.0 CG	139767
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.5 ACG	139768

## Friday, April 8, 2022

Session Number	Session Title	CMA Type	Approval Number
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.0 CG	139769
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.0 G	139770
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.0 C	139771
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.0 AG	139772
4805	Where Are We Now? The Current State of COVID-19	1.0 CG	139773

## Saturday, April 9, 2022

Session Number	Session Title	CMA Type	Approval Number
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.5 CG	139774
4902	Alternatives to Pain Management	1.0 CG	139775
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.5 C	139902
4904	What Does that Mean? Legal Terms in a Medical World	1.0 AG	139776
4905	Managing the Stress of Change	1.0 CG	139777

# Certified professional coder (CPC)

The AAPC has approved the Ohio Bureau of Workers' Compensation Medical & Health Symposium sponsored by Ohio BWC for 18.0 CEU(s) for this live web-based training.

Each session index number will be provided at the conclusion of each session and may be submitted for CEUs only one time. Only one (1) attendee card is needed and can be downloaded from the symposium website Continuing Education page.

## *Thursday, April 7, 2022*

Session Number	Session Title	CPC Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## *Friday, April 8, 2022*

Session Number	Session Title	CPC Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## *Saturday, April 9, 2022*

Session Number	Session Title	CPC Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Certified rehabilitation counselor (CRC)

This program has been pre-approved by the Commission on Rehabilitation Counselor Certification for up to 18 CE clock hours. Approval Number: 60007953613. Log onto your profile on the CRCC website.

## *Thursday, April 7, 2022*

Session Number	Session Title	CRC Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## *Friday, April 8, 2022*

Session Number	Session Title	CRC Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## *Saturday, April 9, 2022*

Session Number	Session Title	CRC Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Chemical dependency counselor (CDC)

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The 2022 Medical & Health Symposium sponsored by the Ohio Bureau of Workers' Compensation has been pre-approved by the Ohio Chemical Dependency Professional Board for Chemical Dependency Counselors.

The 2022 Medical & Health Symposium is approved for up to 10 content area hours. The approval number for this program is 20-899413.

## *Thursday, April 7, 2022*

Session Number	Session Title	Content Area	CDC Hours
4701	Maneuvering Recovery and Return-to-Work Roadblocks	TR1	2.00
4702	Navigating Treatment Approvals and Reimbursement	TR1	1.50

## *Friday, April 8, 2022*

Session Number	Session Title	Content Area	CDC Hours
4802	There's No Future in Giving Up – A Personal Story of Recovery	TR1	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	S2	1.00
4805	Where Are We Now? The Current State of COVID-19	TR1	1.00

## *Saturday, April 9, 2022*

Session Number	Session Title	Content Area	CDC Hours
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	C6	1.50
4902	Alternatives to Pain Management	TR1	1.00
4905	Managing the Stress of Change	C7	1.00

# Chiropractor (DC)

There are Ohio Bureau of Workers' Compensation 2022 Medical & Health Symposium courses that are acceptable for chiropractic continuing education. Chiropractors must complete the necessary steps in accordance to rule 4734-7-02 for Doctor of Chiropractic to determine which specific courses apply.

Submit the necessary session details for license renewal on the board's website at [chirobd.ohio.gov](http://chirobd.ohio.gov).

## Thursday, April 7, 2022

Session Number	Session Title	CE Hours
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	CE Hours
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

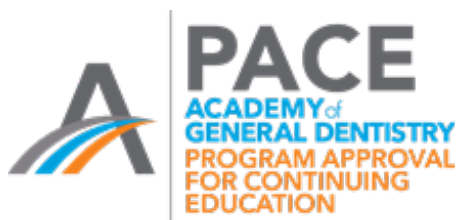
Session Number	Session Title	CE Hours
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00



# Dentist (DDS and DMD) and Dental Hygienist (RDH)

The OH Academy of General Dentistry (AGD) has approved the application of the Ohio Bureau of Workers' Compensation (BWC) for AGD approved program provider status. All formally structured educational programs put on by BWC from 3/1/2022 until 2/28/2023 within OH are approved by the AGD for Fellowship/Mastership credit. BWC has been assigned Provider ID number 413420.

The subject code that best fits the 2022 Medical & Health Symposium is 149 Multidisciplinary Topics.



Ohio Bureau of Workers' Compensation  
 Locally Approved PACE Program  
 Provider for FAGD/MAGD credit.  
 Approval does not imply acceptance by  
 any regulatory authority or AGD endorsement.  
 03/01/2022 – 02/28/2023  
 Provider #: 413420

## Thursday, April 7, 2022

Session Number	Session Title	CE Hours
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	CE Hours
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

Session Number	Session Title	CE Hours
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Licensed professional counselor (LPC, LPCC) Licensed social worker (LSW, LISW)

The 2022 Ohio Bureau of Workers' Compensation Medical and Health Symposium is approved for 16 CEU'S for Counselors, Social Workers, Marriage and Family Therapists by the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. Approval #MCST04227888

## Thursday, April 7, 2022

Session Number	Session Title	CEU Hours
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	CEU Hours
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

Session Number	Session Title	CEU Hours
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Nurses (APRN, LPN, and RN)

The Ohio Bureau of Workers' Compensation is approved with distinction as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91).

## Thursday, April 7, 2022

Session Number	Session Title	Contact Hours
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	Contact Hours
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

Session Number	Session Title	Contact Hours
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Occupational therapist (OT) and occupational therapist assistant (OTA)

The Ohio Occupational Therapy Section of the Ohio Occupational Therapy, Physical Therapy, and Athletic Trainers Board approved the following continuing education course. The course name is the 2022 Ohio Bureau of Workers' Compensation Medical & Health Symposium. The approval number is 200116 with an expiration date of 3/22/2024. The course has been granted 18 hours with an expiration date of 3/11/2023. \*An "ETH" at the end of an approval number indicates that the course meets the ethics requirement for Ohio occupational therapy continuing education.

## Thursday, April 7, 2022

Session Number	Session Title	OT/OTA Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	OT/OTA Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

Session Number	Session Title	OT/OTA Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Paramedic, AEMT, EMR, and EMT

This nursing and emergency medical services continuing education activity was approved by the Paramedic Network, a globally recognized provider of continuing education in healthcare. The presenter has disclosed no potential conflicts of interest, financial or otherwise. Emergency Medical Services, Ohio EMFTS Board provider #1422, Nursing & Emergency Medical Services national provider for Hennepin Technical College, and International Specialty Paramedicine endorsement by the Global Paramedic Higher Education Council.



*Thursday, April 7, 2022*

Session Number	Session Title	CEU Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

*Friday, April 8, 2022*

Session Number	Session Title	CEU Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

*Saturday, April 9, 2022*

Session Number	Session Title	CEU Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Pharmacist



The College of Pharmacy at The Ohio State University is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. The Ohio Bureau Workers' Compensation 2022 Medical & Health Symposium is approved for up to 18 contact hours (1.8 CEU).

Participants must attend each session and participate in engagement checks. Questions about pharmacists' participation in the program and pharmacy continuing education credit should be addressed to Ashley Knackstedt at: [Knackstedt.10@osu.edu](mailto:Knackstedt.10@osu.edu); (614)-688-4420.

## Thursday, April 7, 2022

Session Number	Session Title	ACPE Value	ACPE Number
4701	Maneuvering Recovery and Return-to-Work Roadblocks	0.2	ACPE: 0633-0000-22-004-L04-P
4702	Navigating Treatment Approvals and Reimbursement	0.15	ACPE: 0633-0000-22-005-L04-P
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	0.1	ACPE: 0633-0000-22-006-L04-P
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	0.15	ACPE: 0633-0000-22-007-L04-P

## Friday, April 8, 2022

Session Number	Session Title	ACPE Value	ACPE Number
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	0.2	ACPE: 0633-0000-22-008-L04-P
4802	There's No Future in Giving Up – A Personal Story of Recovery	0.1	ACPE: 0633-0000-22-009-L04-P
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	0.1	ACPE: 0633-0000-22-010-L01-P
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	0.1	ACPE: 0633-0000-22-011-L04-P
4805	Where Are We Now? The Current State of COVID-19	0.1	ACPE: 0633-0000-22-012-L01-P

## Saturday, April 9, 2022

Session Number	Session Title	ACPE Value	ACPE Number
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	0.15	ACPE: 0633-0000-22-013-L08-P
4902	Alternatives to Pain Management	0.1	ACPE: 0633-0000-22-014-L08-P
4903	Exploring COVID-19 Long-Term Effects and Case Management	0.15	ACPE: 0633-0000-22-015-L01-P
4904	What Does that Mean? Legal Terms in a Medical World	0.1	ACPE: 0633-0000-22-016-L04-P
4905	Managing the Stress of Change	0.1	ACPE: 0633-0000-22-017-L04-P

# Physical therapist (PT) and physical therapist assistant (PTA)

The Ohio Physical Therapy Association (OPTA) has approved the following course for continuing education in Ohio; the course name 2022 Ohio Bureau of Workers' Compensation Medical & Health Symposium. The approval number 22SO806. The hours granted are 18. The effective date is 4/7/2022 to 4/7/2023.

## Thursday, April 7, 2022

Session Number	Session Title	PT/PTA Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	PT/PTA Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

Session Number	Session Title	PT/PTA Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

# Physicians - (DO, DPM, M.D., and PA) Continuing Medical Education (CME)

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Ohio State University and the Ohio Bureau of Workers' Compensation-State of Ohio.

The Ohio State University Medical Center, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The Ohio State University Medical Center designates this educational activity for a maximum of 18.0 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

BWC will report your attendance to The Ohio State University (OSU) Center for Medical Education once you have completed each survey. How to receive continuing education steps is outlined on page six. OSU will then email your CME certificate within 60 days after the event.

## Thursday, April 7, 2022

Session Number	Session Title	CME Category 1™
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

## Friday, April 8, 2022

Session Number	Session Title	CME Category 1™
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

## Saturday, April 9, 2022

Session Number	Session Title	CME Category 1™
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00



# Psychologist (OPA-MCE)

The Ohio Bureau of Workers' Compensation is an OPA-MCE approved provider, #311334187. This program has been approved for a maximum of 18 hours. BWC will submit attendance forms to the board for credit.

*Thursday, April 7, 2022*

Session Number	Session Title	OPA-MCE Credit
4701	Maneuvering Recovery and Return-to-Work Roadblocks	2.00
4702	Navigating Treatment Approvals and Reimbursement	1.50
4703	Environmental Considerations Impacting Injury Recovery and Return to Work	1.00
4704	Empowering Ability in Disability - Breaking the Web of Needless Disability	1.50

*Friday, April 8, 2022*

Session Number	Session Title	OPA-MCE Credit
4801	Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries	2.00
4802	There's No Future in Giving Up – A Personal Story of Recovery	1.00
4803	Ocular Manifestations of Systemic Diseases & the Aging Eye	1.00
4804	Optimizing Return to Work Using Evidence-Based Clinical Decision Support	1.00
4805	Where Are We Now? The Current State of COVID-19	1.00

*Saturday, April 9, 2022*

Session Number	Session Title	OPA-MCE Credit
4901	Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?	1.50
4902	Alternatives to Pain Management	1.00
4903	Exploring COVID-19 Long-Term Effects and Case Management	1.50
4904	What Does that Mean? Legal Terms in a Medical World	1.00
4905	Managing the Stress of Change	1.00

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**Premium exhibitors** have the additional functionality for live face-to-face video connection via Zoom from within their exhibitor booth.

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- Hondros College of Nursing\*
- Naked Prosthetics
- Pearson Transcription, LLC
- State Medical Board of Ohio

**Standard exhibitors** have the functionality for a live chat connection from within their exhibitor booth if they select to participate in chat during the symposium.

- Athletico Physical Therapy\*
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- Hope Network Neuro Rehabilitation
- KTS Advocacy
- Medical Evaluators
- MRG Exams
- National Alliance on Mental Illness – Franklin County\*
- Ohio Health Rehabilitation Hospital
- Ohio State Medical Association
- Prevent Blindness Ohio Affiliate\*
- ProMedica Medical Management
- Remed: A Collage Rehabilitation Partner
- Stride Mobility
- The Ohio Brain Injury Program

## How to visit an exhibitor booth

- From the Event Lobby or navigation menu, select **Exhibitor Marketplace**.
- Once in the **Exhibitor Marketplace**, select the **Exhibitor** of your choice.
  - Exhibitor availability times may vary.
  - Click **Join Meeting Now** and a live Zoom meeting will open.

\* Exhibitors offering a prize giveaway, with a value of at least \$100. Upon entering the exhibitor booth, attendees have the option to submit their name to be included in the prize giveaway. The prize giveaway is found on the "Special Offers" tab within the exhibitor booth.

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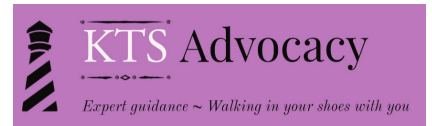


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Bureau of Workers' Compensation

# Thursday, April 7, 2022

## 8 – 10 a.m. **Maneuvering Recovery and Return-to-Work Roadblocks**

This session will review key workers' compensation tools and concepts and discuss potential roadblocks to successful claim allowances, recovery, and return to work. The panel will review the purpose and use of the First Report of Injury (FROI), Physician's Report of Work Ability (MEDCO-14), and Request for Medical Service Reimbursement or Recommendation for Additional Conditions for Industrial Injury or Occupational Disease (C-9). The panel will also review the importance of provider documentation of their clinical assessment and how this is used to make treatment and return-to-work decisions. Practical case scenarios involving roadblocks will be reviewed and the panel will demonstrate how to properly use the tools and concepts discussed during this session.

1. Describe the concept, purpose, use, and correct completion of the FROI, MEDCO-14 and C-9.
2. Identify potential roadblocks and resources available for successful claim outcomes.
3. Articulate the importance of collaboration and communication between injured workers, employers, physicians, managed care organizations (MCOs), and the Ohio Bureau of Workers' Compensation (BWC).
4. Recognize and use presented tools and approaches to positively impact claim outcomes.



**Tammie Mihaly, MSM-HCA, RN, CCM**, is a registered nurse by profession with a master's degree in management focused on health care administration. Her background includes health care management experience including practice in the health care service delivery system. She has worked at BWC since 1994, in areas of utilization management, provider certification, and rule/policy development. She currently serves as the provider relations manager, a role she has held since 2006.



**Bliss Dickerson, RN, BSN, COHN/CM**, is a certified occupational health nurse and case manager. She has worked in the occupational health field for 36 years in various roles. Her experience includes emergency room, urgent care, case management, on-site occupational care, operations of on-site care, and quality. She has been employed by BWC for five years as a regional director of provider engagement supporting BWC-certified providers and their office staff, MCOs, and BWC staff. She coordinates the Enhanced Care Program, which is a pilot study currently being conducted on knee injuries for state funded claims.



**Janet Wilks**, has worked for BWC for over 29 years in a variety of positions, and most recently in the claims policy and support area for 24 years. Weekly, Janet responds to internal and external inquiries on a variety of topics including the application of and correct use of the Physician's Report of Work Ability (MEDCO-14) and Request for Medical Services Reimbursement or Recommendation of Additional Allowance (C-9). She also consults with BWC claims teams regarding the understanding and application of the Ohio Revised Code, Ohio Administrative Code, and BWC policy. Janet has spoken to a variety of physician groups about how BWC uses the medical information obtained from the MEDCO-14 and C-9 in processing and managing work-related injury claims.

## 10 – 10:45 a.m. **Break** (visit the virtual exhibit hall)

## 10:45 a.m. – 12:15 p.m. **Navigating Treatment Approvals and Reimbursement**

Participants attending this session will learn the best billing practices by reviewing key information providers need to know to submit bills to the managed care organizations (MCOs) and to receive payment for the services they provide. In addition, the presenters will review the tools (e.g., fee schedule, clinical edits, etc.) used by BWC and MCOs during the reimbursement process. Attendees will learn some of the most common billing mistakes. During this session, attendees will also develop an understanding of the linkage between the treatment approval, the bill-review process and reimbursement, and will learn how to avoid common billing mistakes.

1. Identify the various tools and materials used by BWC and MCOs in the reimbursement process.
2. Identify selected common billing mistakes that lead to a denial.
3. Recognize the important data elements captured during the treatment-approval process and the impact on reimbursement.





**Freddie Johnson, J.D., MPA**, is chief of medical services and compliance at BWC. In this role, he is accountable for managing various business areas and strategies necessary to support the administration of Ohio’s Health Partnership Program. He directly negotiates and manages 10 managed care organization contracts, as well as maintains and updates the workers’ compensation benefit and fee reimbursement plans. Freddie has more than 31 years’ experience in health care insurance and service delivery in occupational and non-occupational settings. He has been with BWC since June 2008. Prior to BWC, he worked as the CFO for Parman Group, a former vocational rehabilitation service company, held various leadership roles with Nationwide BetterHealth, had a nine-year professional career with the Ohio Department of Health and was a manager within the office of health planning & development with Nationwide Insurance.

Freddie received his J.D. from Capital University Law & Graduate Center and his master’s degree in public administration from The Ohio State University. He is a licensed member of the Ohio Bar, The United States District Court, Southern District, and The United States District Court of Appeals, 6th Circuit.



**Yvette Christopher, MHA, CMPE**, has been in the medical field for 31 years, starting her career at BWC in 1991. Yvette spent seven years at BWC and was part of the team that designed the Health Partnership Program and developed medical policy. She then shifted her focus to the private sector and held leadership positions in medical practice operations for 19 years. While serving as a practice administrator/chief operating officer for a large cardiology practice and executive director of a 45-provider multi-specialty practice, Yvette’s experience included restructuring practices, implementing electronic medical records, and providing practice operational and revenue cycle management. She returned to BWC in 2016 to lead the Reimbursement and Coding policy team, which is responsible for development and implementation of the BWC fee schedules and associated reimbursement policy.

Yvette has a master’s in health administration and a bachelor’s degree in psychology from The Ohio State University. Yvette also holds board certification from the American College of Medical Practice Executives and the Medical Group Management Association as a Certified Medical Practice Executive.

12:15 – 1 p.m. **Lunch** (visit the virtual exhibit hall)

1 – 2 p.m. **Environmental Considerations Impacting Injury Recovery and Return to Work**

Environmental considerations such as heat and cold can be health hazards for workers and impact injury recovery and return-to-work time frames. Certain workers, such as those that work in varying weather conditions indoors or outdoors, are at more risk to have delayed recovery or return to work especially when other health conditions exist. Dr. Fagan will discuss the effects and impacts temperature has on treatment and return-to-work plans. She will review the primary occupational hazards of environmental changes, work-related injuries and illnesses related to these changes, and discuss the important considerations regarding return-to-work decisions. Health care providers who are alert to temperature considerations can improve recovery and return-to-work outcomes for workers and educate workers on prevention of temperature-change related injuries and illnesses.

1. Recognize occupational hazards and return-to-work obstacles due to environmental considerations.
2. Identify key information and work restrictions that improve health outcomes for workers returning to work.
3. Describe temperature-change related occupational injuries and illnesses.



**Kathleen Fagan, M.D., MPH**, is a physician, board certified in Occupational/Environmental Medicine (OEM). She has a master’s in public health and is a fellow of the American College of Occupational and Environmental Medicine (ACOEM). She practiced occupational medicine in the Cleveland area for over 25 years. In 2009, she joined the Occupational Safety and Health Administration (OSHA) in Washington, D.C., as a medical officer and retired from OSHA in 2019. She does OEM consulting, teaches at Case Western Reserve School of Medicine, and is active with ACOEM where she is Vice Chair of ACOEM’s Environmental Health section.

2 – 2:30 p.m. **Break** (visit the virtual exhibit hall)

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2:30 – 4 p.m. **Empowering Ability in Disability – Breaking the Web of Needless Disability**

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Health care professionals routinely encounter requests from the patients to give them time off from work due to sickness or injuries, mostly work related. While in some cases, it might be appropriate as part of the overall treatment plan to have time off from work but quite often excessive amounts of time from work can be detrimental to one's health and can lead to needless disability. Mounting evidence has led to the widespread agreement between various medical societies and specialty associations to issue policy statements that make return to work and or staying at work necessary as part of the overall treatment plan.

The process of empowering ability in disability requires that each one of us be mindful that other than some very catastrophic injuries, all individuals regardless of the injury have some ability that can lead to productive and fulfilling life. This means independence in personal, social, and economic aspects of life. Health care providers and others need to be honest and frank in their discussions with injured workers regarding the need to live a productive life by return to function at the earliest.

1. Identify the scientific evidence for return to work and function as positive health outcomes.
2. Verbalize the various clinical practice guidelines supporting early return to work and function.
3. Discuss how to analyze return-to-work issues with scientific evidence.
4. Summarize the steps involved in an honest and frank communication with the injured worker about return to function.



**Mohammed Ranavaya, M.D., J.D., M.S., FRCPI, FFOM, MCIME**, is a professor of occupational and environmental medicine at the Marshall University School of Medicine in West Virginia and a practicing consultant physician and advisor to the U.S. Department of Labor and multiple national state workers' compensation systems, governmental departments and agencies. Numerous international governmental departments and agencies, including workers' compensation and motor accident compensation systems from Australia, Europe, Asia Pacific, Middle East, and North America have consulted with Dr. Ranavaya and have retained his services to advise and train the personnel in impairment and disability assessment as well as strategies in return to work. His work focuses on workplace injury issues, disability management, return-to-work strategies and occupational causation analysis.

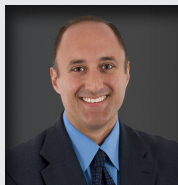
He is the section editor and primary author of several chapters of the American Medical Association's Guides to the Evaluation of Permanent Impairment, (AMA Guides 6th Ed.). In addition, he served as senior medical editor for the Official Disability Guides and has authored numerous peer reviewed articles regarding AMA Guides and disability guidelines. Dr. Ranavaya has also authored over 10 chapters in various internationally recognized textbooks on physical medicine and rehab, chronic pain management, and disability medicine. He recently authored "Physician's Guide to Medicolegal Practice " published by American Medical Association (AMA Press).

# Friday, April 8, 2022

## 8 – 10 a.m. **Live Orthopedic Surgery - Insights and Clinical Analysis for Knee & Shoulder Injuries**

Orthopedic One physicians Drs. Westerheide and Mileti will livestream an orthopedic surgery, provide a didactic presentation, and discuss case-studies to provide practical tools that effectively diagnose and treat work-related knee and shoulder injuries. Dr. Mileti will also identify surgical and nonsurgical treatment options, establish steps for rehabilitation, and formulate appropriate return-to-work guidelines.

1. Evaluate and diagnose patients with an orthopedic knee or shoulder condition resulting from a workplace injury.
2. Identify surgical and nonsurgical treatment options for workplace injuries.
3. Establish steps for rehabilitation based on clinical assessment and evaluation.
4. Formulate a treatment plan with appropriate return-to-work guidelines.



**Joseph Mileti, M.D.**, is a board-certified orthopedic surgeon with fellowship training in reconstruction and replacement of the shoulder and elbow at the world-renowned Mayo Clinic. He is a top shoulder specialist in central Ohio and has received numerous honors during his academic training and as a practicing orthopedic surgeon.

Passionate about teaching, Dr. Mileti has served as the Director of the Orthopaedic Residency Programs at Riverside Methodist Hospital and The Ohio State University (OSU) and has been named Teacher of the Year three times. He was an Assistant Clinical Professor with The OSU's Department of Orthopaedics for ten years. Dr. Mileti also works with the Ohio Industrial Commission, offering continuing education on industrial and workforce injuries of the shoulder.

Dr. Mileti completed his undergraduate degree at The University of Notre Dame. He attended medical school at The Ohio State University, where he also completed his orthopedic residency training and served as Administrative Chief Resident for the Orthopaedics Department. He then went on to complete advanced fellowship training in shoulder and elbow surgery at The Mayo Clinic. Since 2015, Dr. Mileti has been named to the peer-selected, Best Doctors in America® list, featured in "Columbus Business First."

Dr. Mileti is married with three children and resides in Powell. He is an advocate for those with special needs. He is active in the Miracle League of Central Ohio and sits on the Board for the Miracle League of New Albany. The Mileti family have been a top fundraising team for the "Autism Speaks Columbus Walk" for many years.



**Kenneth Westerheide, M.D.**, specializes in sports medicine, with a unique expertise in shoulder arthroscopy and knee ACL reconstruction. He is also one of the few surgeons in central Ohio to perform hip arthroscopy.

Dr. Westerheide graduated from The Ohio State University College of Medicine with AOA honors and participated in The University of Pittsburgh Orthopaedic Residency program. He then was selected to participate in a fellowship in shoulder arthroscopy and sports medicine at The Southern California Orthopaedic Institute in Los Angeles, Calif. Through this training, he received numerous awards and recognition. He is certified by the American Board of Orthopaedic Surgery.

Active in the orthopedic community, Dr. Westerheide is a member of the American Board of Orthopaedic Surgery, Columbus Orthopaedic Society, Arthroscopy Association of North America, American Orthopaedic Society for Sports Medicine, and the American Medical Association. He has written and contributed to many articles for publication and presentations on topics including shoulder arthroscopy, knee ACL reconstruction, and recently hip arthroscopy.

## 10 – 10:30 a.m. **Break** (visit the virtual exhibit hall)

## 10:30 – 11:30 a.m. **There is No Future in Giving Up – A Personal Story of Recovery**

Amberley Snyder shares her experience from living the perfect life to it all crashing in an instant. A rollover motor vehicle accident left her paralyzed from the waist down - changing everything. She learned how accepting help and serving others is an important part of life and recovery. Ms. Snyder shows how life knocked her down, but with the help of her family, friends, recovery team, and faith she has worked to “get back on the horse.” She doesn’t let the challenges she faces define her; they refine her.

1. Use the skills shared to support, educate, and train patients in the ability to overcome life challenges.
2. Recognize the relationship between the challenges the presenter faces and those of their patients and by doing so, attendees will be able to prepare, plan, and act on how to help improve the lives of their patients.
3. Define goal setting and discuss the importance of practicing the skill.
4. Explain perseverance and how it applies to the lives of patients.



**Amberley Snyder** was born in California as the second to six children. Amberley fell in love with horses at a young age and began barrel racing when her family moved to Utah when she was seven years old. She competed in junior rodeos and up into high school, winning multiple titles, and awards. Her senior year she finished as the National Little Britches World All Around Cowgirl. Amberley served as Utah’s Future Farmers of America (FFA) State President in 2009.

In January 2010, Amberley was involved in a rollover motor vehicle accident, leaving her paralyzed from the waist down. Eighteen months after that day, with a seatbelt on her saddle, she returned to competing in rodeo. She now competes in the Women’s Professional Rodeo Association in the barrel racing. Amberley has earned her place competing amongst professional barrel racers and has won multiple awards with the Cowboy and Cowgirl Hall of Fames. In 2018, Netflix released a movie based on her life titled “Walk. Ride. Rodeo.” where Amberley was her own stunt double for the film. Amberley shares her story of triumph over tragedy hoping she can motivate others to believe in themselves and “get back on the horse.”

## 11:30 a.m. – 12:15 p.m. **Lunch** (visit the virtual exhibit hall)

## 12:15 – 1:15 p.m. **Ocular Manifestations of Systemic Diseases & The Aging Eye**

This session is aimed for non-ophthalmologists to identify the primary ocular complications of each systemic disease mentioned and manage or refer appropriately. Specific diseases covered include diabetes, hypertension, zoster, sarcoid, thyroid disease, and sleep apnea. In addition, there will be a review of common eye diseases primarily seen in the aging population. There will be a brief overview of the important features of the ocular history and basic eye examination.

1. Explain the anatomy of the eye and parts of an eye exam.
2. Describe the ocular signs and symptoms associated with selected systemic diseases and their serious ocular sequelae.
3. Explain the important ocular features of diabetes, hypertension, thyroid disease, malignancy, sarcoidosis, and inflammatory conditions.
4. Recognize common eye diseases primarily seen in the aging population and their impact on quality of life.



**Zaiba Malik, M.D.**, is a board-certified ophthalmologist, practicing in the Dayton area. In addition to clinical practice, she is a Medical Director at Medpace, a global contract research organization (CRO), providing full-service clinical development to biopharmaceutical and medical device companies. She has served as Assistant Clinical Professor in the Surgery Department at Wright State University Boonshoft School of Medicine since 2008. She is on faculty at the University of Dayton teaching global health and senior capstone courses for the pre-medicine department. Dr. Malik is passionate about global health and conducts yearly health camps mostly partnering with non-governmental organizations (NGOs) to provide cataract surgery to economically underserved areas. Dr. Malik has authored numerous publications in the field of ophthalmology and speaks nationally and internationally on a variety of clinical, international health, and leadership topics.

1:15 – 1:45 p.m. **Break** (visit the virtual exhibit hall)

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1:45 – 2:45 p.m. **Optimizing Return to Work using Evidence-Based Clinical Decision Support**

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During this session, Mr. LeFevre will review the Official Disability Guidelines (ODG) and will provide an introduction to ODG and associated tools. He will review how ODG by MCG can help guide decisions for optimal and timely medical interventions, reduce time away from work, and how the guidelines have helped to improve outcomes while reducing friction within workers' compensation. ODG by MCG treatment and return-to-work guidelines are designed to improve health outcomes and make it easier for providers and managed care organizations to encourage evidence-based medicine in the workers' compensation system.

1. Articulate how ODG can be used to support and drive appropriate medical interventions in workers' compensation cases.
2. Explain practical situations where variances from ODG can be appropriately documented to support clinical decisions.
3. Describe case scenarios where evidence-based guidance has improved worker health care outcomes, return to work, and achieved cost savings.



**Phil LeFevre**, is the Managing Director of the Workers' Compensation, Disability, and Auto Injury unit of MCG Health, known as ODG by MCG. He has been with ODG for over 20 years and now leads all operations – including both business and product development. His objective is for each ODG installation to leverage evidence-based medicine, claims analytics, and the ever-growing customer demand for increased functionality and scalability. It is also his goal to make the results of the latest important and emerging medical information both tangible and accessible to clients. Mr. LeFevre has worked – to great success – with more than a dozen states in the adoption of the ODG for medical necessity determinations in workers' compensation at the state level. Mr. LeFevre has a Bachelor of Arts in Economics from the University of Colorado at Boulder.

2:45 – 3 p.m. **Break** (visit the virtual exhibit hall)

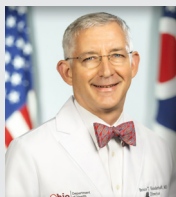
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3 – 4 p.m. **Where Are We Now? The Current State of COVID-19**

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During this session, Dr. Vanderhoff will address the current state of COVID-19 nationally and within Ohio. He will discuss the relevant variants and cover the epidemiology, symptoms, and current treatment approaches for the virus. Dr. Vanderhoff will also address clinically proven steps that can be taken to protect against COVID-19 illness and infection.

1. Articulate current knowledge regarding the epidemiology, prevention approaches, and treatment options associated with the virus that causes COVID-19.
2. Describe the symptoms and organ system derangements resulting from a COVID-19 infection.
3. Recognize the technology and efficacy of COVID-19 vaccines and other COVID-19 interventions.



**Bruce T. Vanderhoff, M.D., MBA**, was appointed director of the Ohio Department of Health (ODH) in August 2021. Dr. Vanderhoff joined the agency after being named chief medical officer in November 2020 and is a key leader in planning, managing, and executing Ohio's COVID-19 response, including its wide-reaching vaccination program. Dr. Vanderhoff also leads the effort to transform the landscape of public health in Ohio through programs and policies that strive to erase inequities, elevate the importance of social determinants, and improve health care access and outcomes.

Before joining ODH, Dr. Vanderhoff had amassed years of experience leading large teams in successfully dealing with important health care issues in Ohio. He served more than a decade as a senior vice president and chief medical officer at OhioHealth, where he prepared the health care system to manage the threat of Ebola and H1N1. He also addressed pressing health care issues affecting Ohio from rural Appalachia to metropolitan Columbus.

His service has made him a nationally recognized physician leader with an impressive track record of managing large-scale health care initiatives, addressing disparities, and improving population health.

Dr. Vanderhoff holds a doctorate in medicine from the University of Pennsylvania and a Master of Business Administration from Franklin University. He completed a residency in family medicine at York Hospital in York, Pa.

# Saturday, April 8, 2022

## Medical & Health Symposium Agenda Schedule

### 7:30 – 9 a.m. **Can Pharmacogenetics Enhance Our Understanding of Opioid Use Disorder?**

Pharmacogenetics is the study of variations in DNA sequence as they relate to a drug response. As our understanding of the pharmacologic effects of opioids on the dopamine reward pathway continue to increase, the promise of pharmacogenetics in predicting the potential for and therapeutic management of opioid use disorder (OUD) is augmented. Here, we will review pharmacogenetics and opioid pharmacology to address the question, “Can pharmacogenetics enhance our understanding and management of Opioid Use Disorder?”

1. Explain the impact of the COVID-19 pandemic on the opioid crisis in Ohio and the United States.
2. Describe the chemical modifications made to fentanyl.
3. Describe the effects of opioids on the dopamine reward pathways in the brain.
4. Explain the pharmacogenetics in the context of OUD.
5. Discuss the Ohio pharmacogenetic study of OUD.



**Jon Sprague, R.Ph. Ph.D.**, is the director of science and research for the Ohio Attorney General’s Office and the Ohio Bureau of Criminal Investigation Eminent Scholar at Bowling Green State University (BGSU). Prior to joining BGSU, Dr. Sprague was the university director of academic research and head of pharmaceutical sciences for the College of Pharmacy at Ferris State University. He has also served as dean and professor of pharmacology at the College of Pharmacy at Ohio Northern University and chair of pharmacology at the Virginia College of Osteopathic Medicine, Virginia Tech University. Dr. Sprague received his Ph.D. in Pharmacology and Toxicology from Purdue University. He was also on the faculty in the College of Pharmacy at Purdue. His research and teaching interests include the neurobiology of addiction and the pharmacology and toxicology of drugs of abuse. Dr. Sprague has over 100 peer-reviewed publications in these topic areas. He assisted in writing the synthetic drug laws for the State of Ohio.

### 9 – 9:25 a.m. **Break** (visit the virtual exhibit hall)

### 9:25 – 10:25 a.m. **Alternatives to Pain Management**

This session will educate attendees on alternative tools and resources available for the management and treatment of chronic pain. Attendees will learn effective treatments that can improve quality of life and physical function, reduce severity of pain, reduce central nervous system excitability, and ways to protect against developing chronic pain.

1. Describe an alternative approach to pain management.
2. Identify specific strategies to promote function and improve quality of life.
3. Verbalize ways to protect against developing chronic pain.



**Lauren Tiemeier, DPT, PT, TPS**, received her undergraduate Bachelor of Science in Exercise Science from The Ohio State University in 2006. She then went on to receive her Doctor of Physical Therapy from the College of Mount St. Joseph in 2010. Lauren became a certified Therapeutic Pain Specialist in 2020 and is the Team Lead for Chronic Pain for Ohio State Ambulatory Rehabilitation. Lauren has assisted with the publication of the chronic pain clinical practice guideline in 2018, and its revision in 2020. Lauren is also part of a multi-disciplinary chronic pain team that empowers patients to live fully productive and meaningful lives by providing coordinated multi-modal, team-based care.

10:45 a.m. – 12:15 p.m. **Exploring COVID-19 Long-Term Effects and Case Management**

As the claims industry looks ahead to evolve past the pandemic and restore a sense of “normalcy,” many questions remain about the novel COVID-19 virus and the long-term implications of the disease.

While most individuals who have suffered from COVID-19 recover within weeks, new research estimates 25% of COVID-19 patients will experience long-term, persistent symptoms. This condition phenomenon known as post-acute sequelae of SARS-CoV-2 infection (“PASC”), commonly referred to as “long-haul COVID,” is characterized as a myriad of unpredictable, difficult-to-diagnose symptoms.

During this session, Dr. Matthew Indeck and Dr. Kristin Englund will discuss what we’ve learned about this unprecedented disease and explore the unique categories of post-COVID conditions. They will review the latest clinical guidance on the diagnosis of these persistent conditions with a focus on respiratory distress, organ dysfunction, and immune system deficits. They will also share updates on the emerging treatments and clinical-management strategies for these challenging cases.

This course will also bring key insights into how post-acute facilities are responding to the ever-changing COVID-19 environment, modifying therapeutic programs to address the next phase of COVID treatment challenge, and re-engaging treatment partners including field case management providers.

1. Describe the current state of COVID-19.
2. Explore hospitalization, organ dysfunction, and persistent viral syndrome related to long-term effects of COVID-19.
3. Identify potential treatment options for these long-term effects.
4. Discuss COVID-19 case studies.



**Matthew Indeck, M.D., FACS, FCCM**, completed his education from John Hopkins and Tulane Universities before starting his surgical residency. He then went on to complete a fellowship in trauma and surgical critical care, which outlined the rest of his nearly 35-year career. He has been the Director of a Level I Adult and Pediatric Trauma Center for more than 20 years within the Geisinger Health System. During his tenure there, he spent seven years developing a tertiary surgical program that included a new surgical residency, research program, new trauma program, and other subspecialty services.

While at Geisinger Health System, Dr. Indeck conducted research and published many peer reviewed scientific surgical articles. In addition, he remained active in several trauma, critical care, and surgical societies at the local, state, and national level, holding leadership positions in many of them. He was a governor of the ACS, president of the state chapter of the ACS, and president of the Pennsylvania chapter of trauma directors.

In 2013, Dr. Indeck was promoted to Charlene J. Smith Professor of Surgery at the Penn State Hershey University Medical Center. There he was the surgical champion for the NSQIP program as well as the Director of Surgical Quality for the Department of Surgery while being Vice Chair of Surgery and Chief of the Division of Trauma, Acute Care, and Critical Surgery.

For the past four years, Dr. Indeck has served as the Director of Surgical Quality for OmniPoint Surgical Associates. There he supports, mentors, and develops surgical departments for hospitals owned by LifePoint Health.



**Kristin Englund, M.D.**, is a Staff Member of the Department of Infectious Disease with the Cleveland Clinic. Dr. Englund is also a volunteer at the Free Medical Clinic of Greater Cleveland and for MedWorks in the Cleveland area.

Dr. Englund earned her medical degree from the University of Cincinnati College of Medicine in Cincinnati, Ohio. She completed an internship, residency in the Department of Medicine and infectious disease fellowship at Northwestern University, Foster McGaw Medical Center in Chicago, Ill. She is board certified in internal medicine with a subspecialty certification infectious diseases by the American Board of Internal Medicine.

Dr. Englund has been treating COVID patients with acute disease in the hospital and developed the Cleveland Clinic COVID reCOVER Center of excellence that opened February 2021 to evaluate and treat patients with long COVID or PASC.

She has published a number of articles on topics such as antifungal susceptibility testing, yeast, and infectious causes of infertility, among others.

12:15 – 12:45 p.m. **Lunch** (visit the virtual exhibit hall)

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12:45 – 1:45 p.m. **What Does that Mean? Legal Terms in a Medical World**

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This session will address the legal definition, meaning, and practical implications of various terms of art in the Ohio workers' compensation system. Terms include "maximum medical improvement" and "supportive care" as those terms are set forth in Ohio Administrative Code 4123-3-32 and clarified by subsequent case law. The session will also discuss the legal issues regarding such terms as "injury," "occupational disease," and "causality" and their relationship to the allowance of specific medical conditions in an Ohio workers' compensation claim. Selected Statutes and administrative code rules will also be addressed.

1. Identify the legal definition, meaning, and practical implications of various terms of art in the Ohio workers' compensation system.
2. Describe the meaning of "maximum medical improvement" and "supportive care"
3. Recognize the legal issues regarding the term's "injury," "occupational disease," and "causality" and their relationship to the allowance of specific medical conditions in an Ohio workers' compensation claim.



**Pete Mihaly, J.D., MBA**, has practiced workers' compensation law with the Ohio Bureau of Workers' Compensation (BWC) since 1997. He is currently director of Legal Operations' enterprise legal services unit, which is responsible for contracts and administrative rules. This unit also provides legal support to BWC's Medical & Health Services Division. Mihaly holds an Integrated Life Sciences bachelor's degree from Kent State University. He is a double graduate of The Ohio State University with a Juris Doctorate and a master's in health administration. He is a member of the Ohio State and Columbus Bar Associations.

1:45 – 2 p.m. **Break** (visit the virtual exhibit hall)

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2 – 3 p.m. **Managing the Stress of Change**

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Feeling stressed? Worried about change? Sick of the phrases "new normal" and "unprecedented times?" It is Kay Frances to the STRESS-cue! She literally wrote the book on stress. With this energetic, upbeat presentation, you'll laugh while you learn without straining your brain.

People need to be reminded of the importance of managing their stress, keeping a sense of humor, and maintaining a positive attitude for peak performance and success in all areas of their lives. The so-called "little things" in life can become cumulative if we do not stop them in their tracks. We need to manage our stress before it manages us. We also need to remember that change is an inevitable part of life, but how we choose to view it is up to us.

1. Identify the meaning and causes of stress and change and how it impacts our lives.
2. Recognize why we are resistant to change and how we can pivot our thinking.
3. Describe the ways positive emotions play a valuable role in our well-being.
4. Verbalize the effects of stress and change on our health and learn healthy ways to cope.



**Kay Frances, MBA, B.S., CSP** is a motivational humorist and has shared her message to "lighten up, stress less and take care of ourselves" in 49 states and Canada for over 30 years. She holds a master's degree in business administration and a degree in health and education. When it comes to humor, Kay is the "real deal" having performed as a professional standup comedian for many years and appearing on a number of national television and radio programs. Additionally, Kay is the author of "The Funny Thing about Stress; A Seriously Humorous Guide to a Happier Life."