

# Spreading Hope and Joy for Patients Living with a Disability

Amy Remer • May 4, 2023 • 11:30am-12:30pm

\*I do not have a perceived conflict of interest.\*

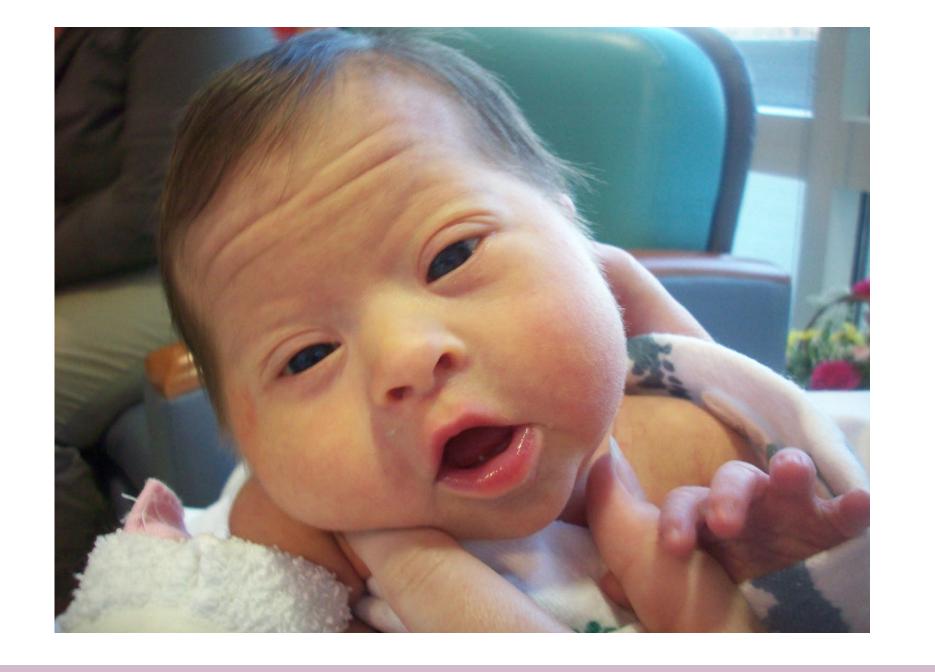
# Learning Objectives

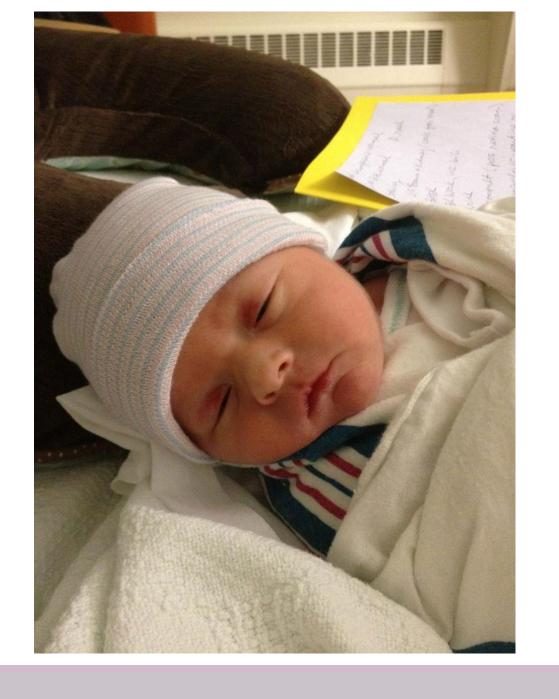
- 1. Demonstrate how to LISTEN to your patients and tailor their care to their specific wants and needs.
- 2. Describe what types of resources are useful and when to refer out.
- 3. Identify how to keep the focus on what the patient CAN do, not on their limitations.
- 4. Articulate what disability etiquette looks like and how that can be different from person to person.

# My Story

- \* Background
- \* Cancer
- \* Amputation
- \* Living with a disability

















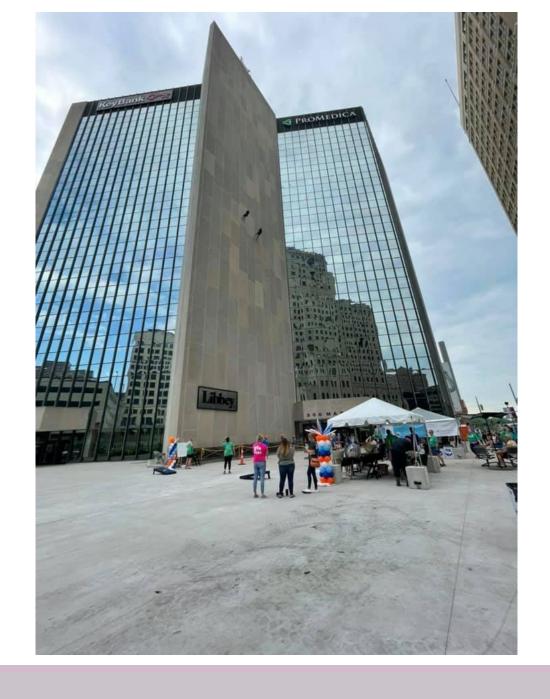












# The Ability Center of Greater Toledo "Authentic Authors"

https://www.youtube.com/watch?v=gp-rAiP AUY&list=TLGG1lrgU6dzkPAxODAzMjAyMw

#### What can we LEARN?

L – LISTEN

E – ETIQUETTE

A – ABILITIES

R – RESOURCES

N – NETWORK

### LISTEN

Listen to your patients

Listen to their hopes and desires

Listen to their goals

Listen to their needs

# ETIQUETTE

See the individual as a person first.

Talk TO the person.

Don't assume things.

Make environments disability friendly.

Offer help once and that's enough.

## **ABILITIES**

People with disabilities still have a lot of ABILITIES!

Focus on what they CAN do, not on their limitations.

Know their goals and build on their abilities to reach those goals.

#### RESOURCES

Have an array of resources available.

Hands-on is always best!

Address physical, mental, & emotional aspects of the disability.

#### NETWORK

Use peer mentors whenever possible.

Communicate with other professionals on the case.

Don't be afraid to refer out.

# LEARN

L – LISTEN

E – ETIQUETTE

A – ABILITIES

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N – NETWORK

### How to Find Me ©

Facebook page: Amy Remer (@AmysArmy313)

YouTube page: How To with Amy's ARMy

